

dear valued guest,

A warm welcome to Med Beach and to your new home at The Med Tower.

This Welcome Box includes important and helpful information designed to make your stay effortless and enjoyable. Inside, you will find an overview of our services, amenities, and procedures, along with dining options and contact details for your convenience.

We are committed to creating a comfortable and enjoyable environment for you. Should you require assistance at any time, please do not hesitate to contact the Med Beach Hotel reception, available 24/7 at +357 2555 9999.

For further support, you may also contact the Hotel General Manager, Mr. Klitos Demetriou, at +357 9933 3064 or via email at klitos@medbeach.com.

Your feedback is always welcome — please share any thoughts or requests that could enhance your experience at The Med Tower.

Warm regards,
Klitos Demetriou
General Manager, Med Beach

environmental commitment

The Med Tower is dedicated to environmental responsibility and sustainability.

We pledge to:

- · Conserve natural resources and energy while maintaining safety and comfort.
- Prioritize environmentally friendly products and practices.
- Reduce and responsibly manage waste.
- Adapt initiatives to local environmental needs.
- Support community environmental efforts.
- Educate staff and guests on sustainable practices.

1. overview of services

We offer a wide range of services for both serviced and non-serviced apartments in partnership with the Med Beach Hotel.

1.1 SERVICE REQUESTS

All requests should be submitted in writing to:

Front Office Manager – Email: aliona@medbeach.com

1.2 SERVICES WITH 48-HOUR NOTICE

- Housekeeping Email: aliona@medbeach.com
- Maintenance Email: aliona@medbeach.com
- Aquum Spa Email: maria.r@medbeach.com
- Private Eventing Email: andreea@medbeach.com

A quote will be provided within 24 hours after your request.

1.3 IN – ROOM DINING (24 HOURS SERVICE)

Place your order directly by dialling extension no.4

1.4 RESTAURANT RESERVATIONS

Reserve via:

- Med Beach mobile app
- · Hotel website
- Telephone
- Through hotel reception or on-site kiosk

1.5 PUBLIC AREA MAINTENANCE

Med Beach is responsible for maintaining and cleaning all shared areas in The Med Tower.

1.6 RESIDENT PRIVILEGES

Serviced Apartments – Complimentary:

- Indoor Parking (as per apartment size)
- Fully Equipped Fitness Centre
- Tennis Court
- Sauna, Steam Bath and Jacuzzi
- 24-hour Security System
- Outdoor & Indoor Pools
- Children's Pool & Playground
- Sunbeds (Beach & Pool)
- Mini Club (It is available for those staying in the tower)

Access (Payable):

- Restaurants, Spa, Shops
- Conference & Meeting Facilities
- Fitness Centre and Pools (via "Non-Resident Card", terms TBD)
- Kitchen facilities and cleaning (optional, charged)

For Food and Beverage services (restaurants and bars), the owners are entitled to a 10% discount.

2. med tower reception

Your central point for all needs:

- · Visitor check-in
- Monitoring Mail and deliveries
- Access control
- Maintenance reports
- Service coordination
- Emergency notices
- Information desk

3. housekeeping services (chargeable)

Available upon request for an extra charge. 48 hours' notice required. (via email to Front Office - aliona@medbeach.com)

STANDARD CLEANING INCLUDES:

· Floors, surfaces, bathrooms, tidying

OPTIONAL ADD-ONS (FEES APPLY):

- Laundry & personal garments (Please visit the tower reception to pick up laundry forms and bags)
- · Window cleaning
- Apartment's Deep cleaning

A quote will be provided within 24 hours after your request.

4. food & beverage services (chargeable)

Available upon request for an extra charge. 48 hours' notice required. (via email to Private eventing)

CONTACT DETAILS:

- Private eventing Email: andreea@medbeach.com
- Food & Beverage general information Email: lina@medbeach.com
- Food & Beverage general information Email: sakis@medbeach.com

BANQUETS, CONFERENCES & PRIVATE EVENTS

Our facilities include:

- Aegean Conference Centre: up to 340 guests
- Ionia Hall: up to 150 guests
- •Karavi Syndicate Room: up to 12 guests

PRIVATE EVENTS:

Weddings, anniversaries, birthdays, civil ceremonies — custom arrangements available. A quote will be provided within 24 hours after your request.

DINING VENUES:

- Aquaria: buffet breakfast, daily, 7:00-10:30
- Céleste: buffet dinner, daily, 19:00-22:00
- Il Tinello: Italian fine dining, 19:00-22:30 (contact no.4 for operating days)
- Shumi Pan-Asian: Asian fusion, 19:00-22:30 (contact no.4 for operating days)

- Nautica Bistro: Beachside à la carte and buffet, daily, 12:30-16:00 (May-Oct)
- Clouds Lounge Bar: Cocktails, coffees, desserts, daily, 9:00-24:30
- The Blue Bar: Evening cocktails in a serene setting, daily, 17:00-1:30
- Lagoon Pool-Bar: Summer drinks, ice creams, snacks, daily, 10:00-18:30 (April-Oct)

Food and Beverage services (restaurants and bars), the owners are entitled to a 10% discount

FRIDGE STOCKING SERVICE:

Send your grocery list to sakis@medbeach.com or lina@medbeach.com 48 hours before arrival. We will stock your fridge and charge the purchase cost + 20% service fee.

5. aquum spa services (chargeable)

Book and enjoy premium wellness treatments (20% Spa Discount for Tower Owners)

- Facial Treatments
- Hydrotherapy Baths
- Body Wraps
- Luxury Body Spa Experiences & Rituals
- Massage and Holistic Therapies
- Spa Day Packages

Appointments: Please contact us on +357 25559833 (extension 7) or e-mail us at maria.r@medbeach.com or spa@medbeach.com

Beach Towels: Collect and return to Spa Reception. A fee applies for lost towels.

6. repairs & maintenance

6.1 HOTEL-MANAGED AREAS

- Public areas
- Waste and pest control
- Lighting and alarms in public areas

6.2 APARTMENT-SPECIFIC REQUESTS

Submit your request to the reception via email at least 48 hours in advance. A quote and timeline will be provided within 24 hours of receiving your request.

Email: aliona@medbeach.com

7. safety & emergencies

7.1 EMERGENCY CONTACTS

• Ambulance/Fire/Police: Dial 112

• Hotel Reception: +357 2555 9999

7.2 EVACUATION PROCEDURE

- Exit immediately via nearest stairwell
- Do not use elevators
- Proceed to hotel car park for headcount

7.3 HEALTH & FIRST AID

- For doctor or dentist needs, contact reception ext 1.
- For sunburn, visit the Hotel Spa for care products or seek medical help.

7.4 POOL & SEA SAFETY

- · No diving; check pool depth
- Avoid swimming alone or under the influence of alcohol
- Do not force others into the water
- Use sunscreen, hats, and protective wear
- Lifeguards are on duty at the pool from 8:00 to 19:00hours summer
- Winter 08:00 to 18:00 hours

8. fire safety

BEFORE UNPACKING:

· Identify your nearest fire exit and alarm point

IN CASE OF FIRE:

- Take your room key, exit, and close the door
- Avoid elevators
- If trapped, use towels to seal doors, call for help, and signal from the window

9. general operations

General Manager: Oversees all operations in coordination with hotel departments.

10. contact directory

FRONT OFFICE MANAGER

Email: aliona@medbeach.com

MED BEACH HOTEL RECEPTION

71 Amathus Avenue, 4533 Agios Tychonas, Limassol, Cyprus

Email: info@medbeach.com

Phone: +357 2555 9999

HOTEL GENERAL MANAGER

Klitos Demetriou

Phone: +357 9933 3064

Email: klitos@medbeach.com

major international telephone country codes

Country	Code	Country	Code
Albania	+355	Kazakhstan	+7
Argentina	+54	Kuwait	+965
Armenia	+374	Kyrgyzstan	+996
Australia	+61	Latvia	+371
Austria	+43	Lebanon	+961
Azerbaijan	+994	Lithuania	+370
Belarus	+375	Luxemburg	+352
Belgium	+32	Malta	+356
Bosnia Herzegovina	+387	Mexico	+52
Brazil	+55	Moldova	+373
Bulgaria	+359	Monaco	+377
Canada	+1	Netherlands	+31
China	+86	New Zealand	+64
Croatia	+387	Norway	+47
Cyprus	+357	Oman	+968
Czech Republic	+420	Poland	+48
Denmark	+45	Portugal	+351
Egypt	+20	Qatar	+974
Estonia	+372	Romania	+40
Falkland Islands	+500	Russia	+7
Finland	+358	San Marino	+378
France	+33	Saudi Arabia	+966
Georgia	+995	Slovakia	+421
Germany	+49	Slovenia	+386
Gibraltar	+350	South Africa	+27
Greece	+30	Spain	+34
Greenland	+299	Sweden	+46
Hungary	+36	Switzerland	+41
Iceland	+354	Syria	+963
India	+91	Tajikistan	+992
Iran	+98	Turkmenistan	+993
Iraq	+964	Ukraine	+380
Ireland	+353	United Arab Emirates	+971
Israel	+972	United Kingdom	+44
Italy	+39	United States	+1
Jordan	+962	Uzbekistan	+998



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