

# Hotel Information

## Discover the Mediterranean Beach Hotel

Where friendship begins...

True hospitality has always been the fabric of the Mediterranean Beach Hotel, a superior 4-star resort situated on one of the most beautiful sandy beaches of Limassol. The hotel's unique location provides all the advantages, including spectacular views of the island's southern coastline.

Recently renovated extensively, the Mediterranean Beach Hotel welcomes guests to a warm and inspiring environment of aesthetic luxury and comfort. The building itself, the public areas and all guest rooms are designed and decorated to reflect the nature and spirit of the Mediterranean Sea. Hues of blue and white dominate the colour scheme, which is enhanced with natural wood and marble features. The result is a contemporary resort that offers guests not only luxurious facilities and personal service, but an all-round Mediterranean holiday experience.

Approximately half a mile from the hotel lies the ancient town of Amathounta, believed to be the first inhabited city of Limassol. A pedestrian path along the beachfront links the Mediterranean to this noteworthy archaeological site, from the East side and to Limassol from the west.

### **THE GARDENS**

Extending right down to the sandy beach, the hotel's landscaped gardens are a paradise of lush greenery and colourful flowers, offering a sample of the area's ecological wealth; palm trees, jasmine, lavender and herbs fill the air with their typically Mediterranean fragrance.

# Hotel Information

## Location

The Mediterranean Beach Hotel is situated on the southwest of the Bay of Limassol and is close to the archaeological site of the kingdom of Amathus. It is only a 10-minute drive from the town centre (8km). The hotel is built with commanding sea views and incorporates a spectacular split-level swimming pool and terraced gardens that lead to a sandy, Blue Flag beach.

### ADDRESS

71 Amathus Avenue, P.O. BOX 56767, 3310 Limassol, Cyprus  
T: +357 2555 9999, F: +357 2532 4754  
info@medbeach.com, [www.medbeach.com](http://www.medbeach.com)

**OFFICIAL CLASSIFICATION:** 4 Star Superior

## Guest Services

A 24-hour Room Service complements the hotel's dining rooms with their lavish buffets, à la carte and table d'hôte menus.

The Mediterranean has recently upgraded its Room Service facility to offer this on a 24/7 basis. Tailored to our guests' needs, our After Midnight menu offers a selection of healthy dishes, appetising delicacies and sumptuous desserts which you can enjoy in the comfort and privacy of your room between 23:00- 07:00 hrs.

Other guest services and facilities include a gift shop, a jewellery shop, hairdressing salon, laundry service, a three-level parking area, a foreign exchange desk, secretarial services and internet connection services. Our Guest Relations Officer would be happy to arrange a car hire or limousine service, as well as various sightseeing excursions and cruises for you to enjoy during your stay. Facilities for guests with special needs are also available.

## Internet Connection Services

As part of our ongoing efforts to provide our guests with the utmost comfort we have further upgraded our wireless internet to enable guests to stay in touch with family, friends and colleagues during their stay.

Guests can now experience free, high quality, wireless internet access throughout the hotel, in all public areas as well as in the privacy of their room on as many devices as they wish.

## Hotel Shops

Souvenir, Boutique, Jewellery and Hairdressing Salon, Concierge/Guest Relations, Car Rental, Excursions, Cruises and General Information.

# Hotel Information

## Accommodation

The Mediterranean Beach Hotel offers various types of accommodation ranging from Deluxe Rooms with inland and sea view to Family Rooms, Superior Rooms and Luxury Studios, making the hotel ideal for families and couples of all ages. Business travellers will appreciate the added comfort and facilities of our adults only Luxury Studios with a separate sitting area, and other added value services.

All guest rooms have been carefully designed using materials and soft furnishings in warm earthy colours complemented with partial parquet flooring. Room amenities include an en-suite bathroom, central air-conditioning/heating, direct dial telephone, radio, safe deposit box, interactive TV message system, hair dryer in the bedrooms, mini bar, flat screen LCD-TV, balcony or terrace. All floors (with the exception of level 3), restaurants, bars and the pool grounds are wheelchair accessible.

## Breakdown of Accommodation

292 Rooms and Suites, including 56 Interconnecting Sea View and Inland View rooms (twin and double).

Type of accommodation	Max no. of persons that can occupy a room
102 Deluxe Inland View Rooms	3
12 Family Rooms with Inland View	4
7 Family Rooms with Pool View	4
10 Family Rooms with Sea View	4
119 Deluxe Sea View Rooms	3
4 Deluxe Family Rooms with Sea View	4
24 Superior Pool and Sea View Rooms *	2
12 Luxury Studios Pool and Sea View Rooms *	2
1 Areti Suite	2
1 Aura Presidential Suite	2

*\*Adults only (16 years +)*

**NOTES:** The maximum number of persons could be any combination of adults and children (with the exception of the Family Rooms which can accommodate a maximum number of 4 persons and can include one extra child bed and cot if required or two children's single beds). A single bed or a baby cot can be placed in all room categories except the Superior Rooms and Luxury Studios.

# HOTEL INFORMATION

## Deluxe Room

**Area:** 25 sq m overall area (excluding balcony)

**Accommodates:** up to 3 persons

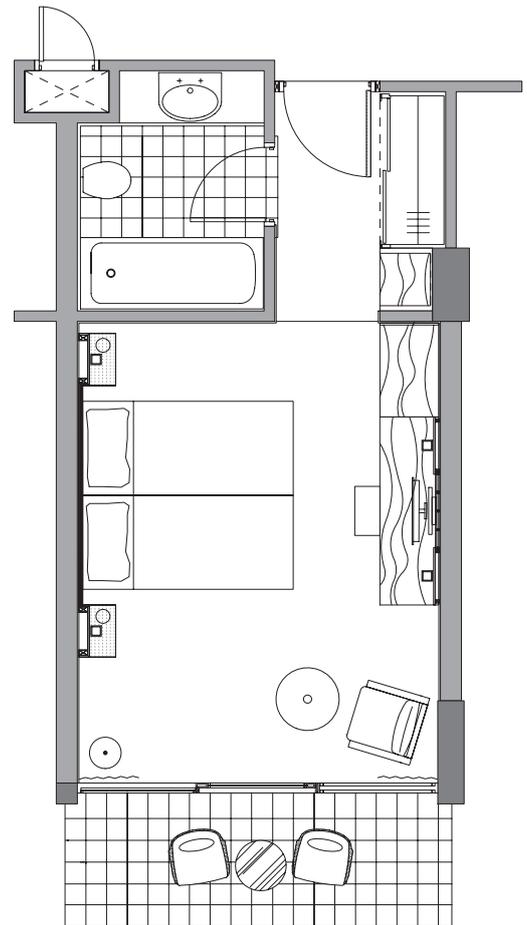
These comfortable and pleasantly decorated rooms consist of twin or double beds and reflect the Mediterranean's ambience.

Deluxe Rooms have en-suite bathrooms with bathtub and hand shower, WC, mini bar, safe deposit box, LCD-TV, a balcony and offer inland or pool and sea views.

They can accommodate up to three persons. A child's bed, or cot, can also be supplied on request, but would replace an extra bed.

### Standard Facilities and Amenities

- Twin or double bed
- Balcony
- Bathroom with bathtub, hand shower and WC
- Dressing table
- Parquet and carpet flooring
- Mini bar
- Direct dial telephone with voicemail
- LCD-TV
- Safe deposit box (with hotel's compliments)
- Hairdryer
- Luxurious toiletries
- Free Wi-Fi
- Tea and coffee making facilities



# Hotel Information

## Family Room

**Area:** 30.5 sq m overall area (excluding terrace/balcony)

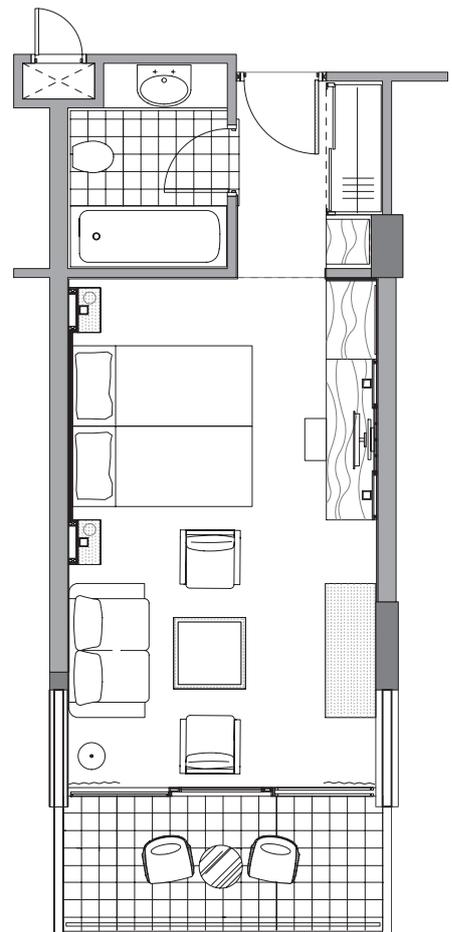
**Accommodates:** up to 4 persons (2 adults + 2 children)

Family Rooms have en-suite bathrooms with bathtub and hand shower, WC, mini bar, safe deposit box, LCD-TV, a separate parlour with a comfortable sitting arrangement including a pull-out bed, and a terrace or balcony. They offer views of the inland, pool, or sea and are available with parquet flooring. They are furnished with one double, or 2 twin beds, and the Family Rooms with Sea View have an in-room tea and coffee making facility.

These rooms can accommodate families with two children not yet 12 years of age.

### Standard Facilities and Amenities

- Twin or double bed
- Terrace/balcony
- Bathroom with bathtub, hand shower and WC
- Dressing table
- Parquet flooring
- Mini bar
- Direct dial telephone with voicemail
- LCD-TV
- Safe deposit box (with hotel's compliments)
- Hairdryer
- Luxurious toiletries
- Free Wi-Fi
- Tea and coffee making facilities



# Hotel Information

## Deluxe Family Room

**Area:** 37 sq m overall area (excluding balcony)

**Accommodates:** up to 4 persons (2 adults + 2 children)

All Deluxe Family Rooms have a separate area with bunk beds for two children not yet 12 years of age. They are furnished with one double, or 2 twin beds, and have an in-room tea and coffee making facility. These rooms have an en-suite bathroom with bathtub and hand shower, WC, mini bar, safe deposit box, LCD-TV, and a separate parlour with a comfortable sitting arrangement including a balcony. They offer views of the sea and are available with parquet flooring.

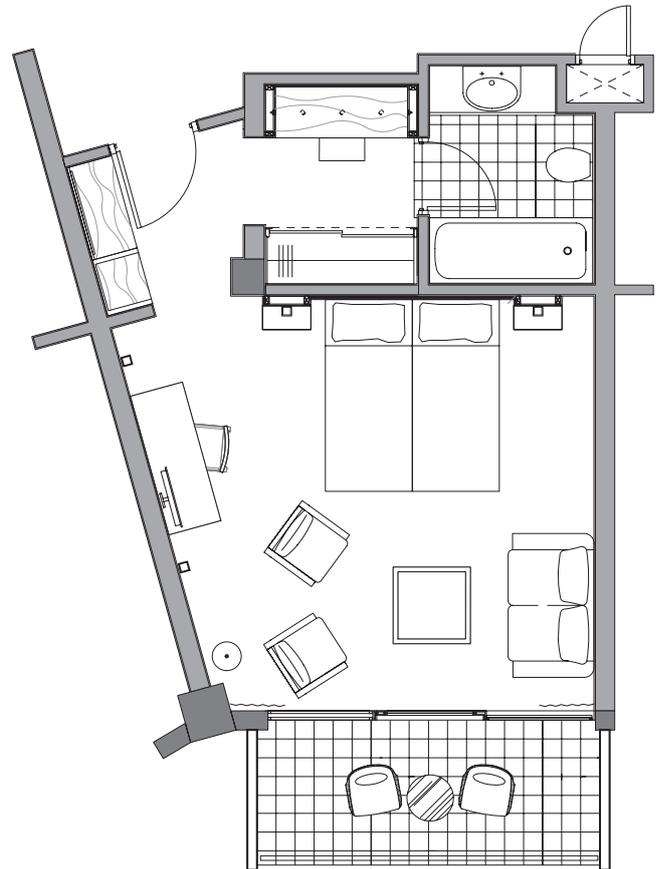
These rooms can accommodate families with two children.

### Standard Facilities and Amenities

- Double bed
- Balcony
- Bathroom with bathtub, hand shower and WC
- Dressing table
- Parquet flooring
- Mini bar
- Direct dial telephone with voicemail
- LCD-TV
- Safe deposit box (with hotel's compliments)
- Hairdryer
- Luxurious toiletries

### Guest Courtesies

- Luxurious bathrobes and slippers
- Tea and coffee making facilities
- Free Wi-Fi



# Hotel Information

## Superior Room

**Area:** 30.5 sq m overall area (excluding balcony)

**Accommodates:** up to 2 persons (adults only)

All Superior Rooms are furnished with one double, or 2 twin beds, and have an in-room tea and coffee making facility and its own private balcony overlooking the sea. Each room has an en-suite bathroom with bathtub and hand shower, WC, mini bar, safe deposit box and a separate parlour with a comfortable sitting arrangement.

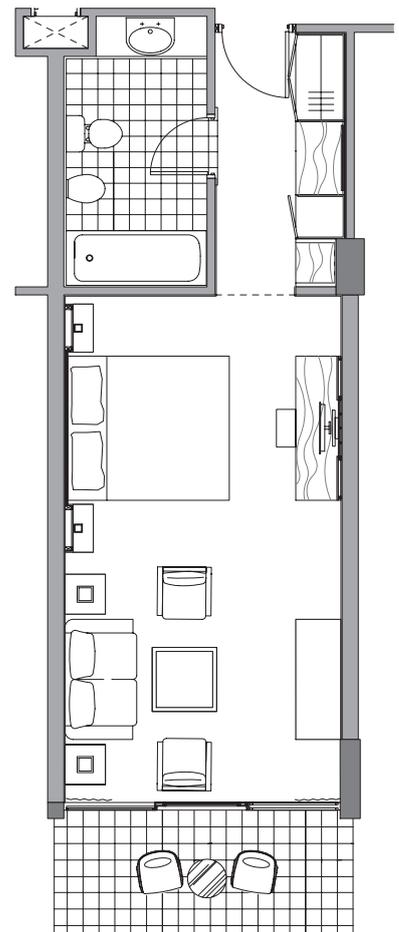
Superior Rooms can accommodate up to two persons and is available to adults only (16 years +). Slippers and bathrobes, as well as a range of luxurious toiletries are offered with our compliments.

### Standard Facilities and Amenities

- Double bed or twin beds
- Balcony
- Bathroom with bathtub, hand shower, WC and bidet
- Dressing table
- Parquet and carpet flooring
- Mini bar
- Direct dial telephone with voicemail
- LCD-TV
- Safe deposit box (with hotel's compliments)
- Hairdryer
- Luxurious toiletries

### Guest Courtesies

- Welcome drink upon check-in
- Cold towel upon check-in
- Fresh fruit in the room upon arrival
- One bottle of local wine
- One bottle of local mineral water
- Luxurious bathrobes and slippers in the room
- Tea and coffee making facilities
- Flowers in the room
- Daily turn-down service
- Free Wi-Fi



# Hotel Information

## Luxury Studio

**Area:** 41 sq m overall area (excluding balcony)

**Accommodates:** up to 2 persons (adults only)

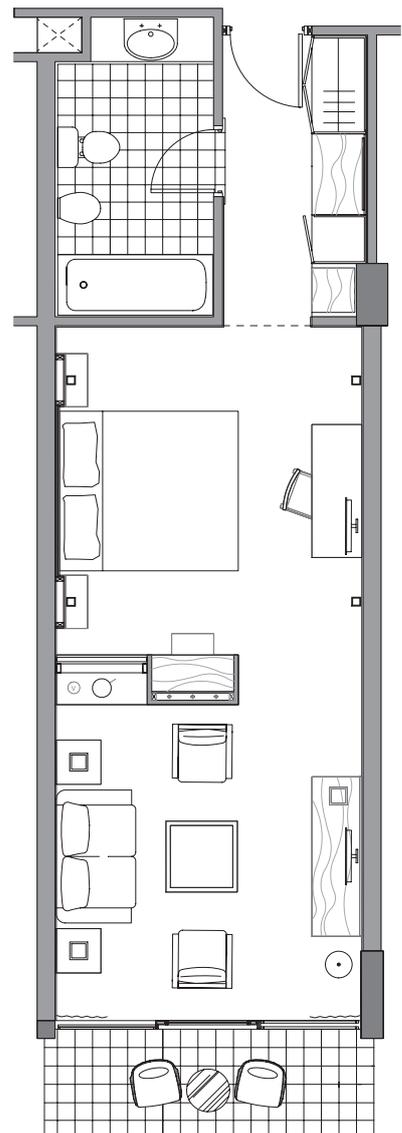
These generously appointed rooms are luxuriously furnished and have a queen-sized bed, an in-room tea and coffee making facility, iPod docking station, programmable radio (AM/FM) and a second LCD-TV in a separate spacious sitting area and offer views of the sea. Luxury Studios have an en-suite bathroom with bathtub and hand shower, WC, mini bar and safe deposit box. Each room can accommodate up to two persons and is available to adults only (16 years +). Slippers and bathrobes, as well as a range of luxurious toiletries are offered with our compliments. Here guests can relax and enjoy their favorite music through the rooms iPod docking station in their own privacy.

### Standard Facilities and Amenities

- Queen size bed
- Balcony
- Bathroom
- Dressing table
- Parquet flooring
- Mini bar
- Direct dial telephone with voicemail
- LCD-TV ( 2 units)
- Safe deposit box (with hotel's compliments)
- Hairdryer
- Luxurious toiletries
- Free Wi-Fi
- iPod docking station

### Guest Courtesies

- Welcome drink upon check-in
- Cold towel upon check-in
- Fresh fruit in the room upon arrival
- One bottle of local wine
- One bottle of local mineral water
- Luxurious bathrobes and slippers in the room
- Tea and coffee making facilities
- Flowers in the room
- Daily turn-down service



# Hotel Information

## Areti Suite

**Area:** 75 sq m overall area (excluding balcony)

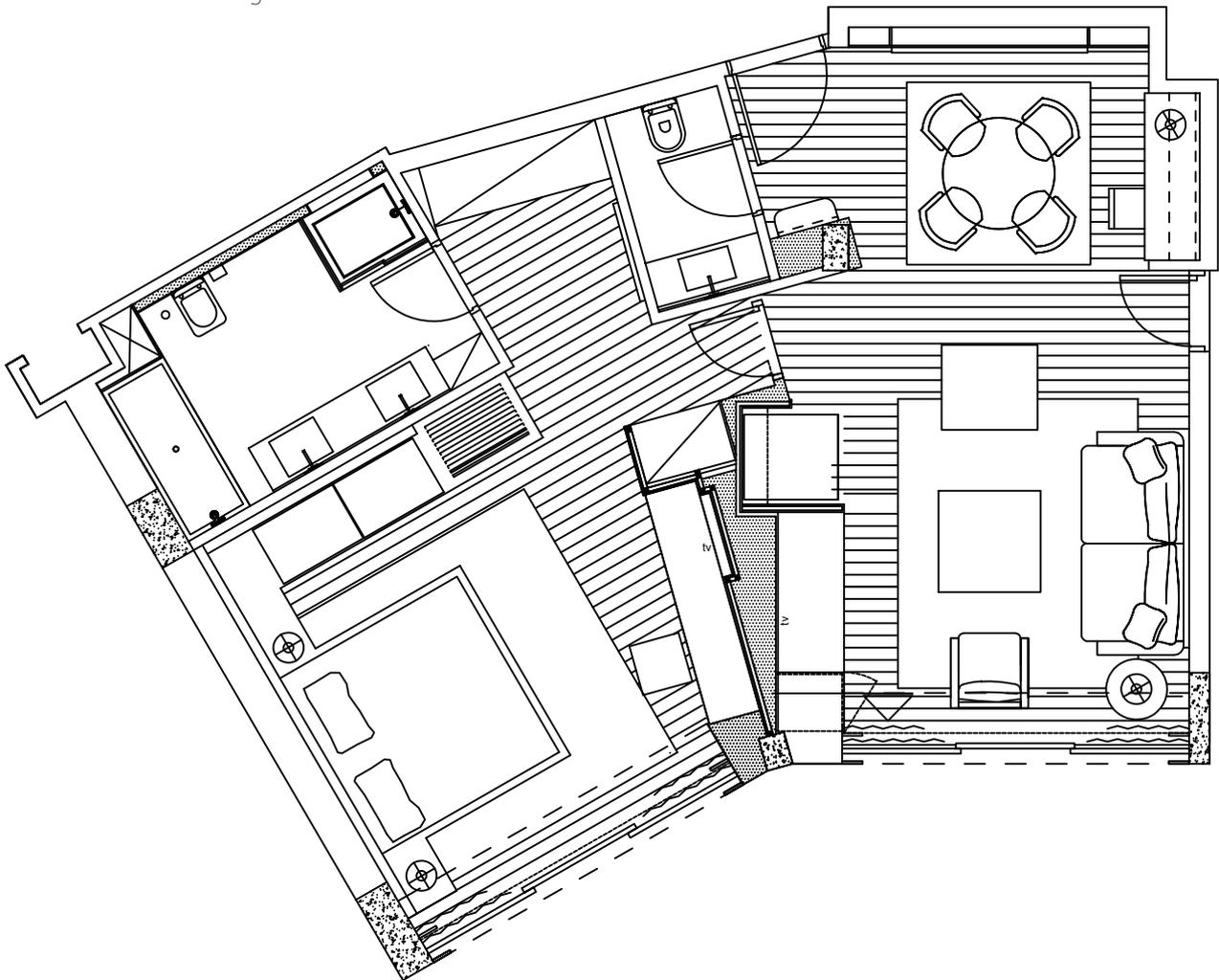
**Accommodates:** up to 2 adults and 1 child

This light and airy suite is furnished in fashionable limed wood and pastel plaid fabrics that complement the blues and silvery green that can be seen through its two large windows which also offer breath-taking views of the curving breakwater beyond the pool and gardens.

The seating area in the lounge includes a poof that folds out into a single bed as well as a dining or conference table for up to five people. A touch screen computer, complimentary internet with high-speed access and a Beoplay A8 offer greater comfort and ease of access.

The master bedroom is furnished with a queen sized bed, features a large mirrored wardrobe outside the bathroom and has its own seating area off the balcony.

The relaxed atmosphere of the Areti suite makes it the perfect place for a honeymoon, a dream vacation or for less formal meetings.



# Hotel Information

## Standard Facilities and Amenities

- 1 queen size bed
- 2 Balconies
- Bathroom with bathtub, hand shower, walk-in shower and WC
- Guest toilet
- Dining table for 5
- Dressing table
- Parquet flooring
- Mini bar
- Direct dial telephone with voicemail
- LCD-TV (2 units)
- Safe deposit box (with hotel's compliments)
- Hairdryer
- Luxurious toiletries
- iPod docking station
- Touchscreen computer with printer
- B&O play system

## Guest Courtesies

- Welcome drink upon check-in
- Cold towel upon check-in
- Fresh fruit in the room upon arrival (replenished daily)
- A selection of petit fours in the room upon arrival (replenished daily)
- One bottle of local wine
- One bottle of local mineral water (replenished daily)
- Luxurious bathrobes and slippers in the room
- A local daily newspaper
- Tea and coffee making facilities
- Flowers in the room
- Daily turn-down service
- Free Wi-Fi

# Hotel Information

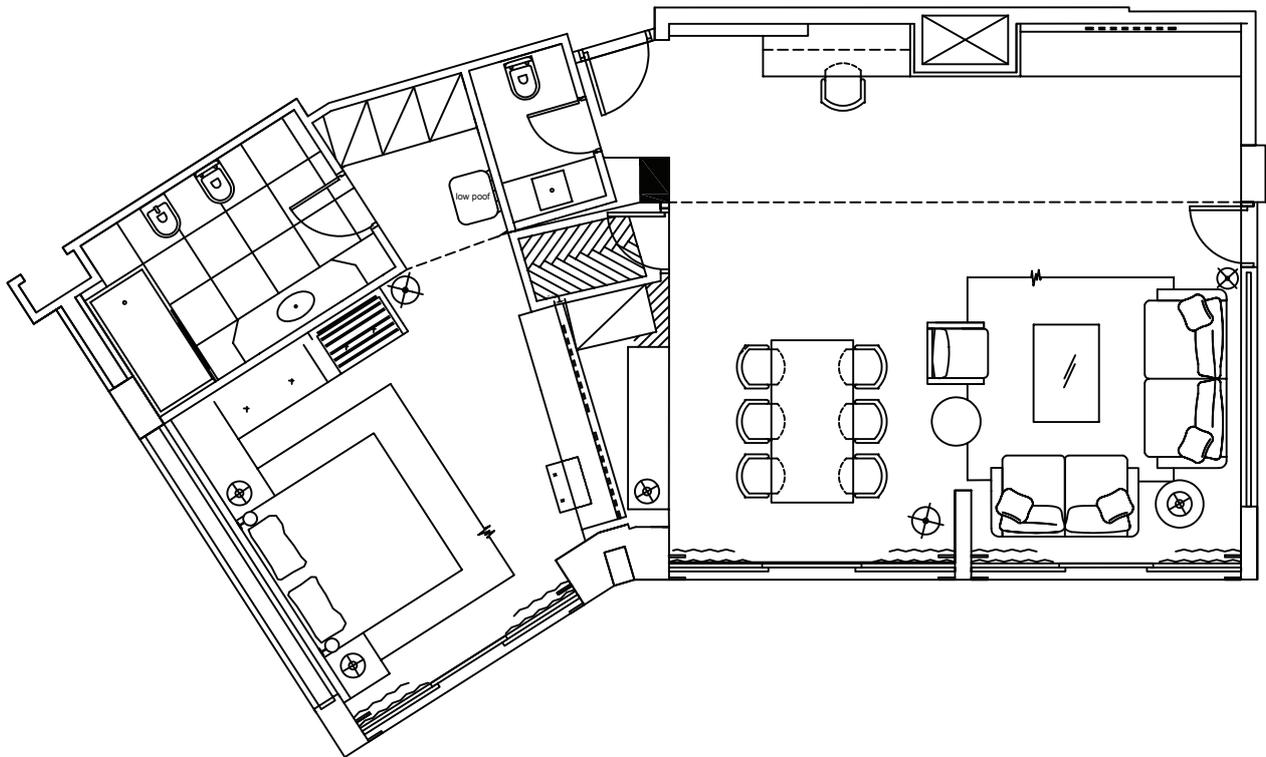
## Aura Presidential Suite

**Area:** 99.5 sq m (1 bedroom), 124 sq m (2 bedrooms) overall area (excluding balcony)

**Accommodates:** up to 2 persons

The Aura Suite has recently been upgraded. New features and amenities make up for an impeccable stay. The Suite boasts a heavenly master bedroom equipped with an ultra-comfortable bed for quality sleep, a 55" LCD-TV and a fully automated lighting selection theme. The living room comprises of a seating and dining area for utmost privacy. A separate bedroom adjacent to the Aura can also accommodate for more guests.

New design elements include solid parquet flooring and wooden panelling, features that create a distinctive, classic and earthy atmosphere. A smart lighting control system allows you to adapt to your needs at any time of the day. A touch screen computer, complimentary internet with high speed access and a Beoplay A8 offer greater comfort and ease of access.



# Hotel Information

## Standard Facilities and Amenities

- 1 queen sized bed
- 3 Balconies
- Bathroom with hand shower, Jacuzzi, WC, bidet
- Dressing table
- Parquet flooring
- Mini bar
- Direct dial telephone with voicemail
- Smart TV 55' in Living Room
- 42' TV in Bedroom
- Touchscreen computer with printer
- B&O play system
- Smart Lighting
- iPod docking station in bedroom with alarm clock
- Safe deposit box (with hotel's compliments)
- Hairdryer
- Magnifying mirror
- Guest toilet
- Luxurious toiletries
- Dining table for 6

## Guest Courtesies

- Private check-in (with welcome drink and refreshing towels)
- Cold towel upon check-in
- Fresh fruit in the room upon arrival (replenished daily)
- A selection of petit fours in the room upon arrival (replenished daily)
- One bottle of local wine
- One bottle of local mineral water (replenished daily)
- Luxurious bathrobes and slippers in the room
- A local daily newspaper
- Tea and coffee making facilities (including espresso)
- Flowers in the room
- Daily turn-down service
- Free high speed Wi-Fi

# Hotel Information

## Restaurants

Dining is a key element of the Mediterranean experience. A choice of daily restaurants offers guests delicious gourmet menus and appetising healthy options, using locally grown ingredients. Satisfying our Executive Chef's demand for fresh and flavourful ingredients, farmers of a plot of land adjacent to the hotel grow a multitude of herbs and vegetables ready to be delivered to the hotel kitchens five.

### **RISTORANTE BACCO**

The Ristorante Bacco offers exceptional authentic Italian cuisine originating from Tuscany. Here, our chefs present a wide selection of fresh, homemade pastas, tender meat and fish dishes using the finest fresh ingredients.

### **SHUMI SUSHI BAR**

The menu of our Shumi Sushi Bar has recently been reviewed and revised. Each delicious dish combines traditional Japanese ingredients and techniques with western fare in what has come to be known as Fusion Cuisine – a fresh and exciting new cuisine which has captivated diners across the world. Enjoy a tasty array of a truly Japanese fare, including hand-rolled maki, temaki, salmon skin rolls and many more.

### **CÉLESTE RESTAURANT AND TERRACE**

The stylish Céleste Restaurant serves table d'hôte menus and/or themed buffets every evening. During the summer months the restaurant opens onto the Céleste Terrace and deck overlooking the hotel's gardens, cascading pools and the sea, with breathtaking views especially at night. Céleste seats 350 guests indoors and 220 outdoors.

### **AQUARIA RESTAURANT**

Under a ceiling reminiscent of a blue sky with sparkling constellations, this restaurant is named after its central feature the aquaria. The Aquaria Restaurant overlooks the pools and sea and serves a sumptuous buffet breakfast with show cooking.

### **NAUTICA BISTRO**

The Nautica Bistro is close to the beach and operates during the summer months, serving a popular selection of à la carte specialities including refreshing salads, pasta, fresh fish and local meze as well as a buffet lunch. White furniture and timber pergolas with climbing vines that reappear every year enhance the casual and relaxing nautical theme. The Nautica Bistro seats approximately 150 guests.

### **OUZERI TIS MYRTOS**

Overlooking the pool area, this traditional Ouzeri with its wooden tables and wicker chairs serves homemade local treats. Enjoy a game of tavli (backgammon) with a glass of ouzo and accompaniments, while original Greek music in the background keeps you good company.

# Hotel Information

## Bars

### **CLOUDS LOUNGE BAR**

Clouds Lounge Bar is the heart of the main lobby, featuring comfortable leather furniture, marble and wood features, and spectacular views of the gardens and the sea beyond. The partially suspended ceiling, which gives the bar its name, is beautifully illuminated in the evening, creating an extraordinary ambience.

A selection of pastries, designer cocktails and snacks are served throughout the day.

### **THE BLUE BAR**

As the sun sets, the Blue Bar awakes. Shades of blue drawn from the sea and the sky mark the cozy setting with its intimate seating areas indoors and a glazed terrace overlooking the pools and gardens, and the stars above. Here you can enjoy an extensive range of cocktails, long drinks, aperitifs and spirits.

### **LAGOON POOL BAR**

The Lagoon Bar at pool level features a wet bar area on one side and a pergola covered sitting area on the other, furnished with designer sofas and armchairs where guests can enjoy cool drinks, ice creams and snacks during the summer months.

# Hotel Information

## Aquum Health Spa

If relaxation is on the agenda, a visit to the Aquum Health Spa is a must. With its five dry treatment rooms – including one for couples – and three wet rooms, it offers a full range of health and beauty treatments designed to de-stress, revitalise and rejuvenate body and mind. Treat yourself to the Aquum signature treatments and you will discover the ultimate spa experience to rebalance your body, mind and soul.

# HOTEL INFORMATION

## Aquum Health Spa General Information

### **SPA HOURS**

**Monday to Saturday** 08:00 -20:00hrs. For appointments please contact us on +357 2555 9999 (extension 7) or e-mail us at info@medbeach.com.

**Sundays and Public Holidays** 09:00 -19:00hrs

(Treatments start at 09:30hrs until half an hour before closing).

### **PRE-BOOKINGS**

Pre-bookings are highly recommended to ensure that your preferred time and service are available.

### **DELAYED CLIENT ARRIVAL POLICY**

Please note that a late arrival will determine the length of your treatment as all services will end at scheduled times so that the next guest is not delayed. The full treatment price will be charged.

### **CANCELLATION POLICY**

If you wish to re-schedule or cancel your appointment, please notify us at least 24 hours in advance. 50% of the treatment price will be charged for cancellations made within 4 hours prior to the scheduled start of the treatment. No-shows will be charged at full price.

### **GRATUITIES**

Gratuities are not included in any Aquum Health Spa treatment and are therefore left to your discretion.

### **CHILDREN**

Our Aquum Health Spa welcomes all guests of 16 years of age and older.

### **MOBILE PHONES**

Silence, like all things at our Spa, is golden. Please respect the tranquil environment of our sanctuary and refrain from bringing mobile phones to the Spa.

### **WHEN TO ARRIVE**

Please plan to arrive at least a few minutes prior to your treatment time to register, de-stress, and enjoy our wet and dry areas. We also encourage you to conclude your treatment with a visit to our Hammam, shower and dressing area.

### **WHAT TO WEAR**

We provide a luxurious bathrobe and slippers for your use while visiting our Spa. These items are available in the Spa changing room locker. For certain treatments you will be provided with disposable undergarments or requested to wear your swimsuit. Your bathrobe must be worn when using the hotel's common areas.

### **HEALTH AND HYGIENE**

Food and drinks are not allowed in the Spa. We kindly ask you to take a shower before your spa treatment. THE AQUUM HEALTH SPA IS A NON-SMOKING AREA.

*The Spa cannot accept responsibility for loss of any personal belongings.*

# HOTEL INFORMATION

## **Aquum Health Spa Treatments**

### Be our someone special

Everything at the Aquum Health Spa is designed to calm and rebalance your body, mind and soul. Unwind in one of our private spa rooms and enjoy a relaxing massage on your own or with your partner in our spa suite.

Our extensive spa menu offers a variety of treatments to enhance your health and beauty, from our specially created massages to soothing body wraps and exfoliations.

# HOTEL INFORMATION

## Face harmony

Using the most advanced products available, our highly trained aestheticians offer you the ultimate in personalised, skin care facial treatments.

Each treatment is tailor made to the specific needs of your skin using a facial protocol. Here, plant and natural ingredients work together to revitalise and rejuvenate the skin, leaving it with a renewed vitality.

### **FACIAL TREATMENTS LIST**

Facial à la carte deep cleansing  
Mini facial  
Skin perfecting facial  
Blue lagoon facial  
Ultra moist power facial  
Baborganic facial  
Liquid gold facial  
Mimical Q10 anti-wrinkle facial  
High skin refinder deep lift facial  
Deluxe HSR anti-age luxury facial

### **MEN'S FACIALS**

Time out facial  
Energy release facial

### **EYE TREATMENTS**

Power lifting eye treatment  
Eyelash tinting  
Eyebrow tinting  
Eyebrow shaping

# Hotel Information

## Body harmony

Not just a body wrap but a life enhancing experience. Choose from any one of our enveloping massages, body wraps, or wellness treatments specially formulated with aromatic oils to exfoliate, soften, soothe and firm your skin.

### LUXURY BODY TREATMENTS

Scentao full body peeling  
Aromatic salt glow  
Baborganic snowflake body treatment

### SLIMMING AND TONING BODY TREATMENTS

Slim & cool body styling leg treatment  
Anti cellulite firming wrap sensation

### BODY WRAPS IN MULTI SENSORY SPA CAPSULE

Mediterranean milk body wrap  
Volcanic mud wrap pack  
Aquum algae body wrap

### AQUUM RITUALS SPA AROUND THE WORLD

Aquum health spa signature  
Khanya of Africa  
Shadiva of India  
Scentao of Asia

### HYDROTHERAPY BATHS

Aromatic milk and flower bath  
Aquum algae detoxifying bath  
Mediterranean bath  
Scentao harmony bath

### MASSAGE AND HOLISTIC THERAPIES

Body massage  
Anti-stress back massage  
Hot stone back massage  
Sports massage  
Cellulite massage  
Foot reflex massage  
Indian head massage  
Full body massage  
Maternity massage  
Aromatic full body massage  
Four hands full body massage

### BEAUTY FOR HANDS AND FEET

Spa Mediterranean luxury manicure treatment  
Shape and polish hands  
French manicure  
Nail art  
Shape and polish feet  
Spa Mediterranean luxury pedicure treatment

### HAIRFREE BEAUTY

Whole legs  
Half legs  
Whole arms  
Bikini line  
Full bikini  
Under arms  
Upper lip or chin  
Back

# Hotel Information

## Package "Journeys"

We are delighted to offer you the best treatment combinations of our spa experience to create your own epic spa journey, using the package of your preference. Here, we invite you to enjoy the benefits included in the Spa's invigorating swimming pool, sauna and Hammam before or after your treatment(s).

### **AQUUM SPA PACKAGES**

Time for him (1 day)

Time out for her (2 days)

Time together (1 day)

Anti-cellulite detoxifying slimming package (3 days)

Baborganic indulging getaway (2 hours)

Travel recovery anti stress day (1 day)

Dream time for mothers to be (1 day)

# Hotel Information

## Total fitness

The Mediterranean is equipped with the latest technology cardiovascular and strength training equipment. This service is offered with our compliments to all our guests. Adjacent to the indoor pool, the wellness centre allows you to keep in top shape using our state-of-the-art Sports Art fitness centre. Cardiovascular equipment includes treadmills with Cardio-Theater, elliptical trainer, free weights and stability training equipment.

For the more energetic, our aerobics and aqua aerobics classes will fulfill all your needs.

Pilates classes and private sessions are also available and will surely awaken and revitalise your body.

### **FITNESS CLASSES**

Tennis lesson  
Personal training  
Swimming lesson  
Aerobics lesson  
Pilates fitness program

# Hotel Information

## Other spa facilities

- Five dry treatment rooms
- Hydro-bath room
- Multi-sensor cocoon room
- Three column pressure shower
- Hammam
- Sauna
- Jacuzzi
- Indoor swimming pool
- Fitness club
- Aerobics studio
- Secluded outdoor tennis court
- Relaxation room to rest between treatments
- Separate men's and women's changing facilities with private lockers and showers
- Lounge area

# Hotel Information

## Leisure & Recreation

Set in our beautifully landscaped gardens, the split-level outdoor pool with its stone cave and arcaded area resembles a relaxing miniature landscape that combines the mountains and the sea. Sports and fitness enthusiasts can take advantage of the hotel's heated indoor pool, the hi-tech gym, the pilates and aerobics studio, the floodlit tennis court, a 5\* padi scuba diving centre, as well as a variety of water sports on the beach.

### **TOTAL FITNESS**

The Mediterranean is equipped with the latest technology cardiovascular and strength training equipment. This service is offered with our compliments to all our guests. Adjacent to the indoor pool, the wellness centre allows you to keep in top shape using our state-of-the-art Sports Art fitness centre. Cardiovascular equipment includes treadmills with Cardio-Theater, elliptical trainer, free weights and stability training equipment. For the more energetic, our aerobics and aqua aerobics classes will fulfill all your needs. Pilates classes and private sessions are also available and will surely awaken and revitalise your body.

### **BICYCLES**

A bicycle rental service is available through our Guest Relations Officer.

### **CHILDREN'S FACILITIES**

The supervised Angels Kids Club (4-12 years) operates during the Christmas, New Year and Easter periods as well as from April to October (10:00 – 13:00hrs & 14:00 – 17:00hrs) and includes an indoor area and a shaded outdoor playground. Baby sitting service is available on request (24 hour notice) and high chairs are provided in all restaurants. Our little friends can also enjoy our outdoor children's shaded pool and have fun at the amusement centre that includes video games, billiard tables and table tennis.

### **SWIMMING**

#### **Indoor pool**

Serene and tranquil, the indoor swimming pool is located at the lower level of the hotel. It is the perfect refuge for guests seeking relaxation and calmness. The swimming pool is heated during the winter months.

#### **Outdoor multi-level pool**

One of the most stunning features of the hotel is its multi-level outdoor swimming pool. Nestled within the picturesque gardens and surrounded by imposing palm trees, the outdoor swimming pool is a true haven. Drinks, tropical cocktails and light snacks are available throughout the day at the charming Lagoon Pool Bar that stands adjacent to the swimming pool.

#### **Children's pool**

Families with young children can get the most out of their stay at the hotel, as the children's swimming pool is conveniently located next to the outdoor main pool and is surrounded by sunbeds and umbrellas.

#### **Blue Flag beach**

An alternative to the hotel's swimming pools is the blue-flag beach in front of the hotel, which invites guests to experience the feeling of swimming in the Mediterranean Sea.

# Hotel Information

## **MEETING FACILITIES**

The Ionia, a high-ceiling conference room, can host various meetings for 5 to 150 persons. Seating can be arranged in classroom, theatre or boardroom style, or in a U-Shape, as appropriate. The Aegean conference rooms with their own foyer have a maximum total capacity of up to 300 persons. All modern audiovisual equipment is available at a minimal charge, and includes LCD projectors and simultaneous translation facilities for up to five languages. The hotel's banqueting department can plan, organise and support any kind of event held in the hotel to ensure that it is a resounding success.

# Hotel Information

## Conference Rooms Capacities & Set-ups

The Mediterranean Beach Hotel has a number of rooms available to use for conferences, seminars, social functions and meetings. The rooms vary in capacity and can accommodate from 5 to 350 persons, depending on requirements and style. Every conference room has a built-in versatility and can be adjusted to meet your requirements. Modern audiovisual equipment is available for hire and includes a simultaneous translation system for up to 5 languages and an LCD projector.

### CONFERENCE ROOM CAPACITIES AND SET-UPS

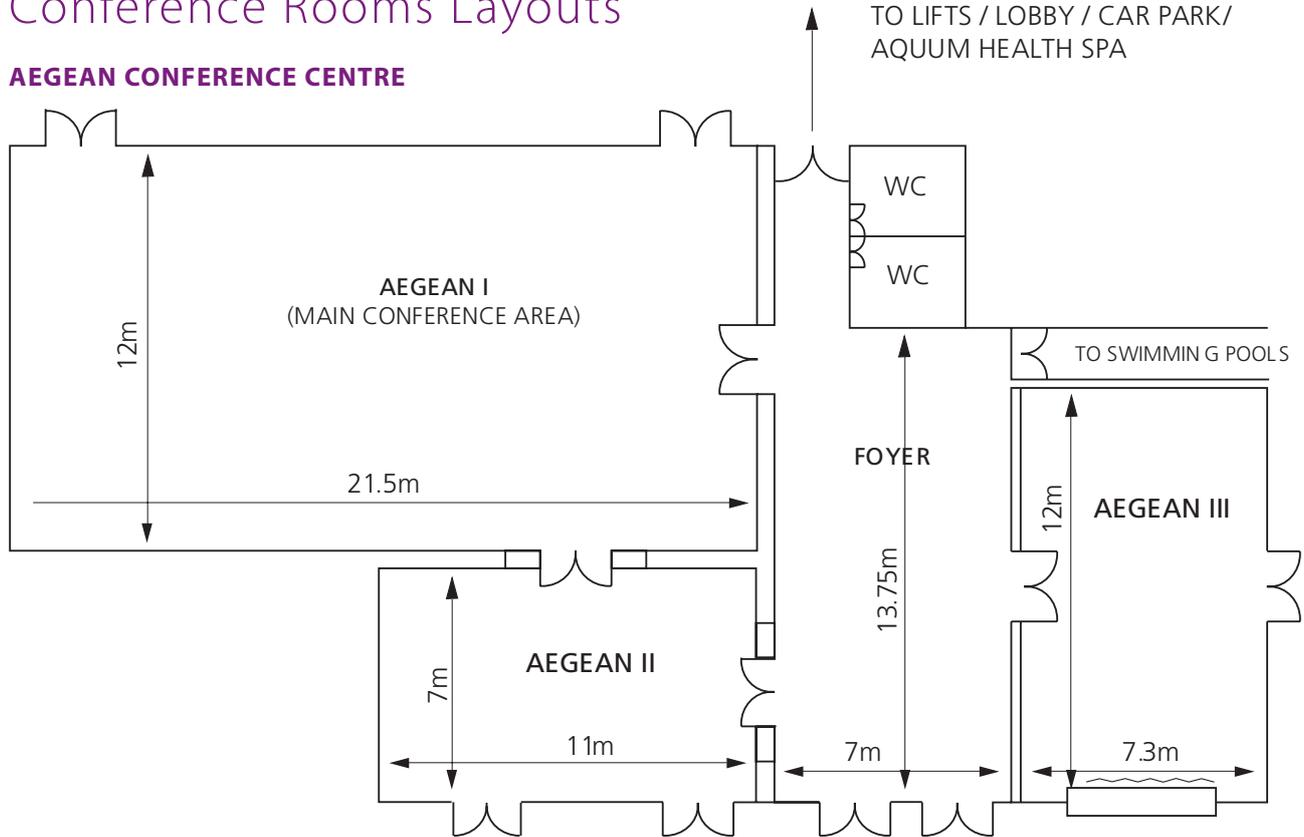
INDOOR VENUES	Ionia Hall	Aegean I	Aegean II	Aegean III	Aegean Foyer	Karavi
LENGTH X WIDTH	14m x 12m	21.5m x 12m	11m x 7m	12m x 7.3m	13.75m x 7m	4m x 6.30m
HEIGHT	5.7m	3m	3m	3m	3m	2.5m
SQUARE METRES	168m <sup>2</sup>	258m <sup>2</sup>	77m <sup>2</sup>	87.6 m <sup>2</sup>	96.25m <sup>2</sup>	25.2m <sup>2</sup>
THEATRE	150 pax	300 pax	50 pax	60 pax	N/A	30 pax
CLASSROOM	90 pax	140 pax	36 pax	42 pax	N/A	16 pax
BOARDROOM	60 pax	100 pax	30 pax	34 pax	N/A	18 pax
"U" SHAPE	45 pax	60 pax	30 pax	36 pax	N/A	16 pax
BUFFET DINNER	120 pax	170 pax	60 pax	70 pax	N/A	N/A
SET MENU DINNER	120 pax	170 pax	60 pax	70 pax	N/A	N/A
DINNER WITH ROUND TABLES	90 pax	150 pax	50 pax	60 pax	N/A	N/A
WEDDING RECEPTION	1500 pax	2500 pax	N/A	N/A	200 pax	N/A
DANCE FLOOR	20m <sup>2</sup>	30m <sup>2</sup>	N/A	N/A	N/A	N/A

\*Prices are available upon request

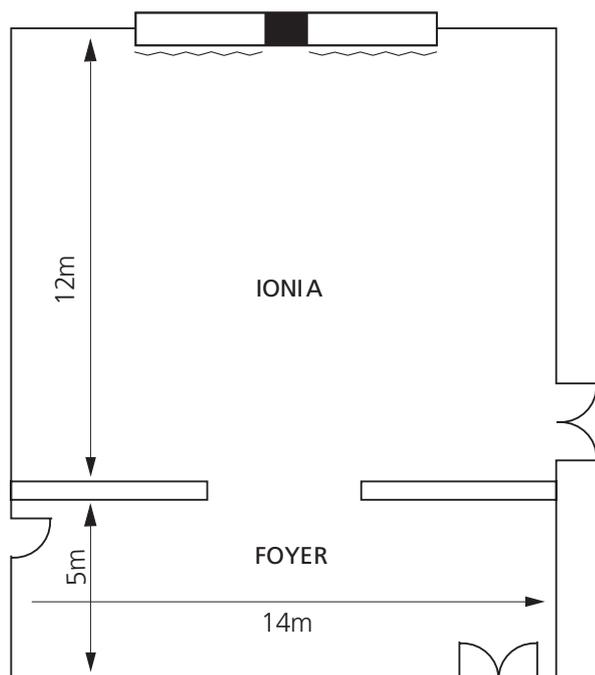
# Hotel Information

## Conference Rooms Layouts

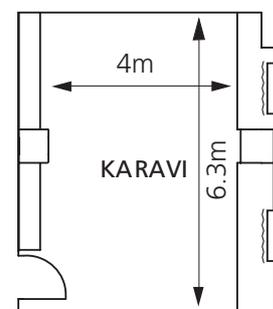
### AEGEAN CONFERENCE CENTRE



### IONIA HALL



### KARAVI SYNDICATE ROOM



# Hotel Information

## Audiovisual Services and Equipment

### Equipment offered free of charge

- Laser pointer
- Podium / Lectern stand
- Flipchart with pad and markers
- Extra pad for flipchart (x25 pages)
- Dry wipe whiteboard
- Screen (1.5 m x 1.2 m)
- Screen (2.0 m x 1.5 m)
- P.A. acoustic system with 2 speakers and 1 microphone
- P.A. acoustic system with 4 speakers (up to 12 channels)
- Set of 2 speakers
- Floor-standing wired microphone
- Table-wired microphone
- Wireless microphone
- Lapel microphone system
- DVD player
- CD player

### Equipment offered at a charge

- LCD Video and Data Projector
- 32" LCD TV Unit
- 42" LCD TV Unit
- Portable computer (laptop)
- Personal computer (PC)
- ISDN Line in Conference Room (Includes installation and connection calls)
- ADSL Line in Conference Room

### Other Services

- Simultaneous translation system upon request (Including translation booths, up to 5 languages)
- Secretarial Services
  - Photocopies (per 200 copies B/W )
  - Printing (colour, A4, per page)
  - Colour copies (A4, per page)
  - Scanning (A4, per page)

*\*Prices are available upon request*